



# Preoperative Surgery Instructions

A Registered Nurse and a Business Office staff member from Capital Surgery Center will contact you at least one week prior to your scheduled surgery date.

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For the preoperative phone call please have your insurance card or cards, driver's license or government issued picture identification, and a list of all medications that you are taking. Please also have the name of your physician(s), as well as their address (addresses) and phone numbers.

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We will make every effort before your surgery to inform you of your deductible and copay. These will be due on the date of surgery.  
The surgery center accepts cash, checks, Visa and MasterCard.

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During your preoperative assessment we will advise you of your arrival time for surgery; this is usually 30 minutes to 1 hour earlier than your scheduled surgery time.

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If your condition changes before surgery, notify your doctor or Capital Surgery Center as soon as possible. This may include catching a cold, exposure to a communicable disease or any other change in health (i.e. fever, nausea, vomiting, diarrhea or respiratory infection).

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Plan for someone to drive you home after your surgery. You should not use public transportation (buses, taxis, etc.).

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Do not make any plans following your surgery; you will need to rest the remainder of the day.

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Do not eat or drink anything after midnight the night before your surgery. The preoperative nurse will instruct you regarding your usual medications. **Anything you eat or drink INCLUDING WATER is dangerous.**

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Wear loose, comfortable clothing and leave all jewelry and valuables at home. Storage for clothing will be provided, however Capital Surgery Center is not responsible for lost or damaged items.

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Contact lenses cannot be worn in the operating room.  
Be sure to bring your case to keep them protected during surgery.

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Any body jewelry must be removed. A piercing on areas of the body other than the surgical site can be replaced with a plastic spacer. However, if it will interfere with the surgical site area, the piercing will have to be removed.

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Get a good night's rest!

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You and your guest may want to bring a sweater or jacket with you on the day of surgery as the waiting room temperature may vary.

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If additional questions arise, feel free to Capital Surgery Center at 225-448-0190.